SCHOOL MEALS











seasonal fresh fruit, fruit yoghurt, soreen and cheese & biscuits



Available daily as an alternative: - Filled jacket potatoes and a selection of sandwiches

served with vegetables, a dessert and drink. An alternative dessert from a selection of



Week One

Monday

Homemade Ham and Cheese Pasta Bake served with garden peas

V Assorted hot fresh Panini or Wraps served with savoury rice and sweetcorn

Vanilla Ice Cream or Pancake topped with fruit

Tuesday

V Roast Turkey served with sage and onion stuffing, Yorkshire pudding, creamed & roast potatoes, seasonal fresh carrots and broccoli and gravy

> Homemade Macaroni Cheese 🕡 topped with tomatoes served with garlic bread fresh broccoli

> > **Yoghurt or Fruit Segments**

Wednesday

Deli Bar

Or

Jacket Potato with choice of fillings

Homemade Blueberry Cake

Thursday

Oven baked Tempura Battered Fish or Crumb Coated Chicken served with chunky chipped potatoes, garden peas or baked beans

> Homemade Cheese Flan 💽 served with chunky chipped potatoes, garden peas or baked beans

> > Fruit Jelly

Friday

V Homemade Lasagne served with garlic bread and seasonal fresh carrots and garden peas

Baked Gammon served with sauté potatoes, seasonal fresh carrots & garden peas

Homemade Shortbread Biscuit

Week Two

Monday

Selection of Wholemeal Pizza 🕡 with various toppings served with herby diced potatoes, peas or sweetcorn

V Tortilla Boat filled with homemade Mild Chilli Beef served with rice and sweetcorn

Vanilla Ice Cream or Waffle topped with fruit

Tuesday

V Roast Gammon with sage and onion stuffing served with roast & creamed potatoes, seasonal fresh carrots and broccoli and gravy

Homemade Tomato and Mascarpone 💿 Pasta Bake served with garlic bread and broccoli

Homemade Chocolate Cake

Wednesday

Deli Bar

Or

Jacket Potato with choice of fillings

Fruit Jelly

Thursday

Oven baked Battered Salmon served with chunky chipped potatoes garden peas or baked beans

V Red Tractor Chicken Poppers served with chunky chipped potatoes garden peas or baked beans

Fresh Fruit Salad

Friday

Chicken Balti and rice

Sausage Roll served with sauté potatoes and baked beans

Homemade Fruit Mousse

Week Three

Monday

Seasoned Chicken Fillet in a Bun served with savoury rice sweetcorn & peas

Wholemeal Pasta in a homemade Tomato sauce

Fruit, Yoghurt and Oat Pot

Tuesday

V Roast Turkey sage & onion stuffing served with gravy, roast & creamed potatoes, seasonal fresh carrot and broccoli

V Chicken Tikka Masala served with 50/50 rice

Yoghurt or Fruit Segments

Wednesday

Deli Bar

Or

Jacket Potato with choice of fillings

Homemade Toffee Apple Streusel Cake or Ice Cream

Thursday

V Oven baked Crumb Coated Chicken served with chunky chipped potatoes and garden peas

Oven baked Fish Fingers served with chunky chipped potatoes and garden peas

Fruit Jelly

Friday

V All Day Breakfast

or

Jacket Potato with choice of fillings

Tuna and Cheese Puffs served with herby diced potatoes and garden peas

Homemade Flapjack



Newchurch Community Primary School Menu Spring/Summer 2019

School Menu Spring/Summer 2019

Menu Cycle Week One: 6 May, 27 May, 17 June, 8 July, 2 Sept, 23 Sept, 14 Oct

Menu Cycle Week Two: 13 May, 3 June, 24 june, 15 July, 9 sept, 30 sept, 21 Oct

Menu Cycle Week Three: 29 April, 20 May, 10 June, 1 July,

22 July, 16 Sept, 7 Oct



= Vegetarian \vee = Vegetarian substitute available Lunch will be served with fresh milk or drinking water. All homemade dishes contain additional vegetables.

For allergen and dietary help please contact school meals helpdesk on 01925 443082 or visit our website www.warrington.gov.uk/schoolmeals







