

# SCHOOL MEALS

Available daily as an alternative: - Filled jacket potatoes and a selection of sandwiches served with vegetables, a dessert and drink. An alternative dessert from a selection of seasonal fresh fruit, fruit yoghurt, sreen and cheese & biscuits  
Available daily - Unlimited fresh salad and wholemeal bread, drinking water or fresh milk.



Soil Association

## Week One

### Monday

Homemade Ham and Cheese Pasta Bake served with broccoli

✓ Selection of Pizza with various toppings, jacket wedged potatoes, sweetcorn

Homemade Rice Pudding with Warm Berries or Ice Cream

### Tuesday

Roast Turkey with sage and onion stuffing served with gravy, roast and creamed potatoes, carrots and broccoli

Homemade Macaroni Cauliflower Cheese topped with tomatoes served with fresh broccoli ✓

Fresh Fruit Salad  
Yoghurt

### Wednesday

✓ Homemade Chicken Korma served with 50/50 rice

✓ Tomato and Cheese Pasta Bake garlic bread

Homemade Fruit Crumble served with custard

### Thursday

Oven Baked Battered Salmon served with chunky chipped potatoes, peas or baked beans

✓ Red Tractor Chicken Poppers served with chunky chipped potatoes, peas or baked beans

Cooks choice Cookie

### Friday

Homemade Minced Beef Hot Pot served with carrot and peas

Oven baked Vegetarian Sausage Roll served with sauté potatoes and baked beans ✓

Homemade Eve's Pudding served with custard sauce

## Week Two

### Monday

✓ Tortilla Boat filled with Mild Chili Beef, 50/50 rice, sweetcorn

✓ Seasoned Chicken Breast served with ½ jacket potato, spaghetti hoops

Apple and Blackberry Crumble, custard sauce or Strawberry Ice Cream

### Tuesday

Roast Chicken with sage and onion stuffing served with gravy, roast and creamed potatoes, fresh broccoli and carrots

Tomato and Mascarpone Wholemeal Pasta Bake and broccoli ✓

Fresh Fruit Salad  
Yoghurt

### Wednesday

Moroccan Lamb Tagine, couscous or 50/50 rice

Baked Gammon, creamed potatoes, served with baked beans or seasonal vegetables

Chocolate Sponge Pudding with custard sauce

### Thursday

Oven Baked Tempura Battered Fish served with chunky chipped potatoes peas or baked beans

✓ Crumb Coated Chicken served with chunky chipped potatoes peas or baked beans

Cookie

### Friday

✓ Homemade Lasagne served with broccoli

✓ Pork Sausage with sauté potatoes and seasonal vegetables

Homemade Flapjack

## Week Three

### Monday

Homemade (Change4Life) Cottage Pie served with broccoli

Baguette Pizza or Flatbread Pizza with various toppings served with homemade jacket wedged potatoes and sweetcorn

Plum and Oat Crumble served with custard or Ice Cream

### Tuesday

Roast Gammon, sage & onion stuffing served with gravy, roast and creamed potatoes, fresh broccoli and carrot

✓ Chicken Tikka Masala served with 50/50 rice

Gingerbread Cake

### Wednesday

Homemade Beef and Onion Pie new potatoes, seasonal vegetables

Pasta Carbonara served with seasonal vegetables

Yoghurt or Fruit Segments

### Thursday

✓ Oven Baked Crumb Coated Chicken served with chunky chipped potatoes and garden peas

Oven Baked Fish Fingers served with chunky chipped potatoes and garden peas

Cookie with Mandarin Oranges

### Friday

✓ All Day Breakfast or Filled Jacket Potato

✓ Cheese Flan, ½ jacket wedged potato, baked beans

Carrot Cake

## Newchurch Community Primary School Menu Autumn/Winter 2019/2020

**Menu Cycle Week One:** 4 Nov, 25 Nov, 16 Dec, 6 Jan, 27 Jan, 17 Feb, 9 Mar, 30 Mar

**Menu Cycle Week Two:** 11 Nov, 2 Dec, 23 Dec, 13 Jan, 3 Feb, 24 Feb, 16 Mar

**Menu Cycle Week Three:** 18 Nov, 9 Dec, 30 Dec, 20 Jan, 10 Feb, 2 Mar, 23 Mar



= Vegetarian ✓ = Vegetarian substitute available  
Lunch will be served with fresh milk or drinking water.  
All homemade dishes contain additional vegetables.

For allergen and dietary help please contact school meals helpdesk on 01925 443082 or visit our website [www.warrington.gov.uk/schoolmeals](http://www.warrington.gov.uk/schoolmeals)



**WARRINGTON**  
Borough Council

